

# Sweet potato bake

## INGREDIENTS

3 - 4 Sweet potatoes  
(Medium)  
1 Onion (Finely diced)  
Bacon (Diced)  
Mushrooms (Sliced)  
200 ml Cream  
1 Egg  
Italian Herbs  
 $\frac{1}{2}$  Cup Grated Cheese  
Salt and Pepper to taste

**FREEZER TIPS:** This is perfect to prepare ahead and freeze. Bake until tender and allow cooling before freezing. When needed, pre-heat oven and bake for 15 minutes until warm. Sprinkle with cheese, grill until melted, and golden brown.

## METHOD

Pre-heat oven to 160C.

Grease an ovenproof dish generously with butter. Thinly slice the sweet potato and layer it with diced onions/mushrooms/bacon. Season each layer with herbs and salt and pepper.

Mix the cream and egg together and pour over sweet potatoes. Bake for 45 minutes until tender and sprinkle with cheese. Grill for 5 minutes until melted and golden brown.



FROM THE  OF:

