

Zucchini Brownies

INGREDIENTS

$\frac{1}{2}$ Cup Applesauce
2 medium Banannas
1 $\frac{1}{2}$ Tbsp Xylitol
(Optional)
2 Tsp Vanilla
 $\frac{1}{2}$ Cup Cocoa
1 $\frac{1}{2}$ Tsp Baking powder
 $\frac{1}{2}$ Tsp Salt
2 Cups Baby marrow
2 Cups Coconut flour
 $\frac{1}{2}$ Cup Walnuts
(Optional)

METHOD

In a bowl mix together applesauce, banana and xylitol. Add the vanilla and cocoa, and mix well.

Grate the baby marrow finely and add to the mixture with baking powder and salt.

Lastly add walnuts.

Add mixture to a well greased tin and bake for 25 minutes at 180 C.



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