

Mushroom sauce

INGREDIENTS

250 g Sliced mushrooms

250 ml Cream

1 Clove crushed garlic

Salt and pepper

Optional

Mixed herbs

Note: You can add extra pepper to make a pepper mushroom sauce.

Note: You can use white or brown mushrooms.



METHOD

In a heated pan fry the chopped onions, garlic and mushrooms until soft.

Add cream, salt and pepper and mixed herbs. Slowly reduce over low heat until sauce is thick.

Serve with burgers or steak.



FROM THE  OF: Cornia