

Fathead dough - Coconut flour

INGREDIENTS

180 g Mozzarella (grated)

1/3 Cup Coconut flour

2 Tbsp Cream cheese

1 Egg

Note: this dough can be used as a savoury or sweet dough.

Add flavouring as desired.



INGREDIENTS

Mix the mozzarella, cream cheese and coconut flour in a microwavable bowl. Microwave for 1 minute and mix until well combined.

Microwave for another 30 - 45 seconds. Add the egg to the melted cheese mixture and mix well.

The dough is now ready to use.

To roll out - place dough ball between baking paper and roll to desired thickness.



FROM THE  OF: <http://www.fathead-movie.com/index.php/2013/06/30/weekend-bonus-the-older-brothers-oldest-sons-faux-carb-pizza/>