

Chicken Pizza Bake

INGREDIENTS

- 6 Chicken breasts (deboned)
- 1 Onion chopped
- 1 Pepper chopped
- 200 g Mushrooms chopped
- 300 ml Tomato stew (Homemade)
- $\frac{1}{2}$ Cup grated cheese
- 50 g Feta cheese



METHOD

Butterfly each chicken breast and flatten them out (rolling pin works well). Season with salt and pepper.

Fry onion, peppers, mushroom and garlic until soft.

Spoon your fried veggies onto the chicken breast, crumble some feta over, and roll closed. Place all the pizza rolls into an oven proof dish.

Spoon over tomato stew and bake for 20 minutes at 160 C. Add grated cheese over and grill for 5 minutes until cheese is melted and golden brown.



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